

**“Navigating the crossroads: Exploring the Mental Health challenges
among Forced Migrants in Berlin amidst Linguistic, Cultural and Administrative Barriers”**

An Abstract of the Thesis by
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Abstract

This thesis aims to explore the challenges of forced migrants in accessing mental health care in Berlin. It specifically focuses on the linguistic, cultural and bureaucratic obstacles, the significant factors affecting the accessibility of mental health intervention, for migrants during their asylum-seeking procedure. The study seeks to understand the impact of these barriers on the mental well-being of forced migrants and explore potential interventions to address these challenges. By examining the experiences of forced migrants and identifying the factors that contribute to mental health difficulties in the context of resettlement, this research aims to provide valuable insights for policymakers, mental health practitioners, and humanitarian organizations working with forced migrant populations.