## **Abstract**

This praxis project focused on implementing anti-oppressive practice in social work. Using critiques of "traditional" social work as a basis of inspiration, I organized three discussion based workshops for social workers active in the field. The idea was to move beyond critique and explore grounded, realistic ways of implementing anti-oppressive practice into social work. Utilizing methods from the Art of Hosting facilitation style, I held three workshops in the summer of 2024. Social workers came from various subfields within social work, and had been active in Berlin and other parts of the world. By fomentin discussion and connection between social workers, I contributed a human-rights perspective to the field by encouraging social workers to implement anti-oppression in their practice.